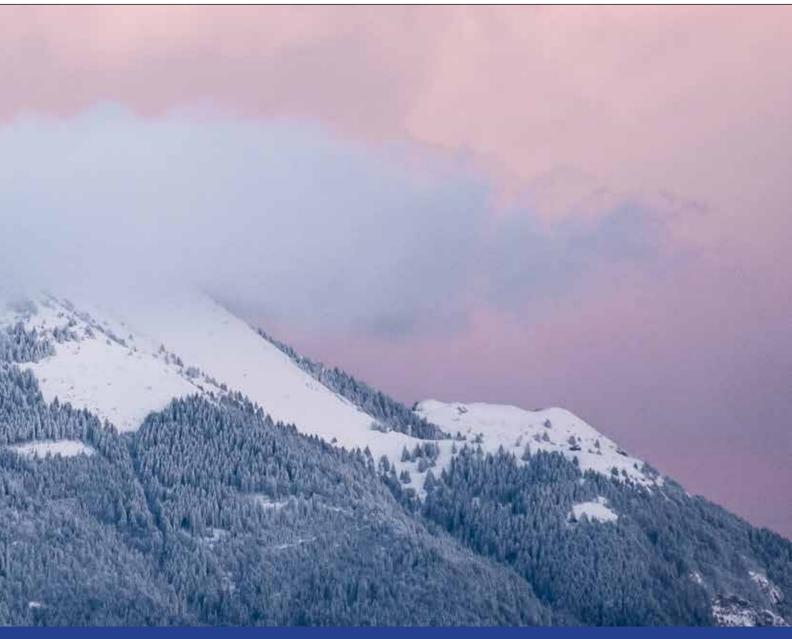
RUNDLE RUMBLES

The official Rundle community newsletter.



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Printing services provided by CentralWeb



Edmonton 780.489.6767 Calgary 403.730.8990

Board Directors & Representatives



President's Message

The Summit is open and ready for you and your family. There are specials every night. Cribbage, and Texas Holdem are up and running. Remember you can order your pizza to go. If you have a special event, the pub can handle up to 100 and we can reserve for any size from 10 to 100.

The Pub continues to handle a number of dart leagues this year, which is keeping us very busy as we also have darts on Friday and Saturdays. We have expanded the back room area to handle darts as well.

We continue to get calls concerning the increased noise from the aircraft taking off from the new runway. I am noticing an increased number of flights that are not respecting the 10 degree deviation. We are getting more and more flights in the 20 to 25 degree deviation. Google "YYC Noise" for a complaint forms or call 403-735-1408. Note that YYC has changed the format of their complaint form and it is longer and not as easy to use. They are also bragging that the number of complaints is down. The reason is the lack of respect and response from these idiots.

There has been an increase in excessive speeding as well as an increase in noise as cars have been modified with noise baffles to make the car sound powerful. We need to continue to report all suspicious activity to the police. The City has reported a spike in break-ins this year and Nov saw a significant number of vehicles windows shot out with a pellet gun.

We have upgraded our rink lights to LED. This should allow us to run the lights a bit longer at minimal cost. The lighting is very good.

The Rundle Community has received notice that our next Casino will be held January 7 & 8, 2020. We have a full contingent of workers. Thanks everyone.

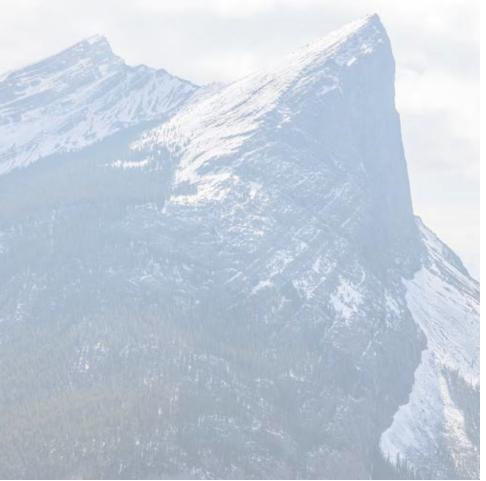
The City has given notice that the Rundle Manor along 26 Ave NE will be closing June 2021. They have notified the current residents and there was an info session held in Sept at the Village Square leisure center.

Pending decent weather for making ice, the Community will again sponsor a family day Skate on Feb 17, 2020 from 10 to 2. There will be hot chocolate, coffee and cookies out back on the patio.

Thanks again to Lacyne for helping to put this newsletter together.

Larry Yasman



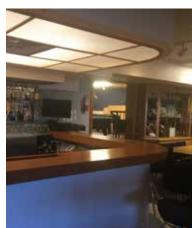




2409-50 St NE Calgary, AB, T1Y 1Z5 Phone: (403)280-4752 rundlecommunity.ca rundlecommunity@shaw.ca







Summit Pub

Open Tuesday to Saturday from 4PM – 10PM.

Call ahead to check for special events! We are family friendly, excellent pricing, and serve a daily special. Our phone number is (403)285-2397.

Monday – Dart League Tuesday – Cribbage & Darts Wednesday – Wing Night Thursday – Darts League 7-9 Friday - Nightly Special Saturday – Darts + Texas Holdem Sunday – Closed

Editorial Submissions

All editorial content must be submitted by the 10th of the month for the following month's publication to **rumbles@shaw.ca**. The Rundle Rumbles are published bi-monthly.

Advertising Opportunities

Contact rumbles@shaw.ca for our price guidelines. All advertisements must be submitted by the 10th of the month before the next publication. More information on rundlecommunity.ca

Hall Rentals

We offer a bright and clean facility, whether it's for a wedding, anniversary, reception or meeting. Let us help you plan your event. The hall's capacity is 200 persons, but can accommodate any size of gathering. Please call us (403-280-4752), email us (rundlecommunity@shaw.ca) or message us on Facebook for further information.

Important Numbers

EMERGENCY	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addiction Hotline	1-866-332-2322
ATCO Gas - 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police - Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX - Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414

HOSPITALS/URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111

OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions - Calgary Weather Information	511
Gamblers Anonymous	403-237-0654



719 Scouts

Beavers – (Aged 5-7) meet Thursdays at Rundle Community Association Cubs – (aged 8-10) meet Mondays at Temple Community Association Scouts – (aged 11 – 14) meet Tuesdays at Temple Community Association Venturers/Rovers – meet as required

For information or registration, please contact 719 Scouting through scouts.ca





Winter is fun, but make sure you stay safe!

Every year 25-30 Canadians die in ice-related incidents, and countless others fall through ice, often having a close brush with death!

Here are some helpful tips to help you stay safe:

Always stay a safe distance back from riverbanks and lakeshores to avoid accidentally falling through the ice.

Don't walk on ice-covered bodies of water, including storm ponds. It's difficult to assess the thickness of the ice and whether it can hold the weight of a person or animal. If a person or an animal falls through the ice into water, call 9-1-1. Don't try to rescue them yourself. Encourage them to kick, pull themselves up onto the ice and roll, rather than walk, towards the shore.

When skating outdoors, only skate on open ice surfaces specifically designated for skating like City of Calgary or community rinks.

If you fall through the ice:

Stay calm, try to keep your head out of the water and control your breathing.

Try to pull yourself up onto the ice and onto your stomach then, roll towards the shore, where the ice may be thicker.

If you can't get out of the water in less than 10 minutes, stop kicking and trying to pull yourself out, and anchor yourself to the ice shelf. Continue to call for help.

If you witness a person falling through the ice stay back, do not go onto the ice. Call 9-1-1.

For more ice safety information, visit: https:// www.calgary.ca/CSPS/Fire/Pages/Safety-tips/Icesafety.aspx







Editor's Message

Welcome to 2020, a new decade.

The pub had a New Years party. Thank you to those who came.

For past couple of months I have been working with the board to organize paint nights at the pub for 2020. I will be leading instruction for paint nights when I can, so please come down to the pub and introduce yourself. We are still figuring out some details, but events will be posted on the Facebook page, so be sure to follow us there to stay updated.

If you have any suggestions for paint nights you can message us on Facebook (facebook.com/ rundlecommunity) or you can send an email to rumbles@shaw.ca

If you'd like to volunteer for the RCA send an email to rundlecommunity@shaw.ca and we can let you know when our next monthly board meeting is.

We are aware of traffic and speeding complaints within the community. Please send complaints to the city and make sure you say when and where the incident occured. The more people who report incidents, the higher our chances become of installing precautions such as speedbumps. The association can only do so much without your help.

Lacyne Pilaszkiewicz

Family Day Skate

Join us at the Rundle Community Hall for a free family day skate on February 17 from 11 AM to 2 PM.

Enjoy a cup of hot chocolate, cookies, and hot dogs on us! Follow the RCA on Facebook to stay updated.

Girl Guides

Girls – looking for a fun and exciting after school activity?

Why not join Girl Guides! Sparks is for girls in Kindergarten and Grade 1, Brownies is for girls in Grades 2 and 3, Guides is for girls in grades 4-6, Pathfinders is for Junior High aged girls in grades 7-9, and Rangers for High School aged girls in grades 10-12. They are all part of the larger organization Girl Guides of Canada.



Sparks, Brownies, Guides and Pathfinders meet on Wednesday evenings starting at 6:30 pm in the upper hall at the Rundle Community Centre – 2409 50 Street NE. and Rangers meet twice monthly on Monday evenings starting at 7:00 p.m. Meetings run September through to June. Registration is ongoing.

The hands-on program is all about encouraging girls to develop their own identity and positive relationships with others. Girls gain confidence by learning skills they can use in their daily lives and develop a commitment to their communities through service projects and special events. Programming covers safety and healthy choices, science and technology, the arts and eco-awareness, and camping. Girls can earn a variety

of badges and will enjoy such activities as crafts, singing, games, camping or overnight adventures, life skills, leadership and planning opportunities.

Please email:

Kirsten at tawnyowl.kirsten@gmail.com for more information or visit www.girlguides.ca

Rundle Manor Redevelopment

Project Background

On June 30, 2021, Calgary Housing Company will close the Rundle Manor residential complex. While Rundle Manor is a valuable asset in the provision of affordable housing, it is no longer practical to make major investments into the 40-year-old complex. Calgary Housing Company plans to develop new, modern affordable housing on the site.

The site meets key criteria The City of Calgary uses to select sites for affordable housing, including nearby community amenities like groceries, transit, schools, parks and recreation areas.

The City of Calgary is undertaking a feasibility study to determine the best way to design and operate new affordable housing in Rundle to ensure long-term sustainability.

With one in five Calgary households struggling to pay for housing costs, this redevelopment is part of The City's direction to ensure that low-income Calgarians have a safe, stable place to call home in all neighbourhoods across the city.

Location

Rundle Manor is located at 4225 26 Avenue N.E. Upon closing in June 2021, Calgary Housing Company plans to demolish the existing complex to make way for the new affordable housing.

Communication and Engagement

The City of Calgary is committed to working with the Rundle Community and will communicate with the public and businesses about the redevelopment on an ongoing basis.

The community will be engaged on September 25, 2019 and online as The City of Calgary undertakes a feasibility study to determine the best way to design and operate new affordable housing in Rundle to ensure long-term sustainability.

Upon approval of full project funding, The City will hold robust engagement with the community and encourages residents to participate in the design process.

For updates on this project, please visit calgary. ca or call 311.

Junior Youth Group

Rundle has several junior youth groups, as a part of the junior youth spiritual empowerment program- a program for 11-14 year olds. One group that meets on Wednesdays decided to do a speech night as a service project. Each junior youth picked an uplifting topic and decided to talk about it. Some talked about their love for their families, some talked about their friends, some talked about the environment; there was a diverse set of topics to be shared. This really helped show that junior youth have mental powers hidden latent within them and when it is activated, limitless talent and skill pours out of them. We all developed our power of expression that night and did good deeds to make Rundle a better place. For more information about this program, please contact Neda Imamverdi: Neda. Imamverdi@gmail.com

Bingo & Fundraising

If you can volunteer for this fund-raising event, please call Mary at 403-280-3976. If you have never done bingo before, no worries! Training is provided - just show up 10 minutes early. Refreshments are provided for workers.

Volunteering your time can help you pay for school and youth activities, as they provide you with a voucher you can use to offset these fees. A few hours can make a huge difference!

Bingo Volunteer Dates

Ask for Mary Pelland at rundlecommunity@shaw.ca for Bingo volunteer dates or call 403-280-3976.

Paint Nights at the Summit Pub

The Rundle Community Association plans to host paint nights in the pub. We currently do not have any details other than the paint nights will take place on Saturday nights. Please follow us on Facebook for further updates and specific times!

Saturday nights at the Rundle Community Hall: 2409 - 50 St NE

Yoga

Monday nights at the Rundle Community Hall: 2409 - 50 St NE Thursday nights at Prince of Faith Church 2523 - 56 St NE Contact Val: 403-809-2170 Email: perizad3@gmail.com



th Emergen Medical Services



Yielding to Emergency Vehicles

Time is the enemy in an emergency. For everyone's safety, it is important for motorists to understand how to correctly yield right of way to emergency vehicles with lights and siren activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road:

When an emergency vehicle approaches with lights and siren activated:

• If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection;

• On a one or two lane road, motorists should move to the right side of the road, slow down, and then stop. Remember to signal;

• On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal;

• Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles (there is often more than one) before re-entering traffic flow. Remember to signal;

• Emergency vehicles might use *any* available road space to maneuver. This could include the shoulders, turning lanes, in order to pass other traffic.

When operating a vehicle:

• Drive attentively and defensively at all times. Be cognizant to sirens and be prepared to yield the right of way;

• It is Alberta law for motorists to slow down to at least 60 km/hour (unless a lower speed is posted) when driving in the lane next to a stopped emergency vehicle, including tow trucks, with their lights activated. If you're not in the lane next to the stopped vehicles, reduce speed and leave lots of space between yourself and emergency personnel.

• Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light, or making an illegal turn. Actions such as these jeopardize all motorists in the area;

• Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$287.00;

• Always leave plenty of space between your vehicle and an emergency vehicle, should it be required to stop suddenly.

www.albertahealthservices.ca



Rundle Casino

The Rundle casino is set for January 7th & 8th at Calgary Casino. Thank you to all of our volunteers. We hope to see you there!

Calgary Awards nominations are now open

For 26 years, The Calgary Awards have celebrated exceptional achievements and contributions made by Calgarians. This is your opportunity to nominate deserving individuals, businesses and organizations that make a difference. Look to your neighbours, colleagues, community leaders, local groups and companies who could qualify as award recipients. Deadline is Monday, February 24. For more information on each award category, eligibility criteria, how to nominate someone, and previous award recipients, visit calgary.ca/

calgaryawards

Recreation Fee Assistance

Recreation Fee Assistance gives families or individuals living under the Low Income Cut Off limits the opportunity to participate in recreational activities for discounted rates up to 90% off a registered program and 75% off drop-in admissions or passes at City of Calgary Leisure Centres, Aquatic & Fitness Centres and Arenas. Acceptance into the program also gives you access to discounted rates at 28 partner organizations such as the Calgary Zoo, Telus Spark, VIVO, WP Puppet Theatre and YMCA. For more information go to calgary.ca/fairentry/feeassistance.

Tap into your creative side with The City of Calgary

Think you don't have a creative bone in your body? Think again! We all have the ability to be creative and programs with The City of Calgary can help you find your inner artist. The City of Calgary is offering hundreds of artistic and creative programs for all ages, interests and abilities, allowing you to get more creative, more often. Performing and visual arts classes range from beginner drawing and painting for adults, to pre-school dance and ballet, clay classes for families, and even belly dancing for those looking for something a little different. Registration begins March 3. To tap into your inner artist and see which program is right for you, visit calgary. ca/register.

The Summit Pub Menu

Appetizers

Deep Fried Pickles - \$7.95 Chicken Wings - \$8.25/lb Boneless Pork Ribs - \$8.50 Mozza Sticks - \$7.75 Mexi Fries - \$5.50 Soup of the Day - \$4.25 Poutine - \$4.00 (sm) \$8.95 (lg) Nachos - \$14.75 (full) \$9.00 (half) Onion Rings - \$6.25 Veggie Plate - \$4.95 Potato Skins - \$7.75 Fries - \$3.10 (sm) \$4.50 (lg)

Salads

Caesar/Garden - \$3.00 (side) \$7.00 (lg) Chef Salad - \$7.25 Add Chicken or Beef - \$2.00

Burgers

Hamburger - \$7.50 Pizza Burger - \$8.75 Bacon Cheddar - \$8.25 Mozza & Mushroom Burger - \$8.75 Grilled Chicken - \$7.95

Pastas

Spaghetti Bolognese - \$7.95 Lasagna - \$7.95 Spaghetti & Meat Balls - \$7.95

Sandwiches & Wraps

Club House - \$8.50 Beef Dip - \$9.25 Philly Cheese Steak - \$9.75 Grilled Cheese - \$6.25 Reuben - \$8.50 Veggie Wrap - \$8.25 Chicken Quesadilla - \$8.50 Steak Quesadilla - \$9.00 Buffalo Chicken Wrap - \$7.95 Chicken Caesar Wrap - \$8.25 Steak Caesar Wrap - \$9.20 Steak Sandwich - \$9.50

Entrées

Steak Dinner - \$11.50 Pulled Pork Sandwich - \$8.00 Shepard's Pie - \$8.10 Fish & Chips - \$9.10 3 pc. Chicken Strips - \$7.95 Meatloaf - \$8.25 Shepard's Pie - \$8.10

Pizza

Now available in 8" and 14". See full menu for selection. Can be ordered to go.

Kids

Hamburger - \$4.25 Grilled Cheese - \$4.25 Beef & Cheese Slider - \$4.75 Hot Dog - \$4.25 Chicken Strips - \$4.75

Ask your server for daily specials. Prices are subject to change without notice.

Darts at the Summit Pub

League Play:

Monday (CPDA) Tuesday (ICPDL) Wednesday (CLCDA) Thursday (ICDL)

Jitneys:

Friday evening, drop-in, blind draw. Cut-off @ 7:15 PM. Start @ 7:30 PM.

Saturday afternoon, drop-in, blind draw. Cut-off @ 1:45 PM. Start @ 2:00 PM.

Special tournaments are posted during the season.



Volunteer Opportunities

For anyone aged 12+ years looking for volunteer opportunities, please visit calgary.ca/volunteers. Volunteering gives you an opportunity to meet new people, gain new skills and experiences while being active. Feel good about giving back to your community.

DIVE IN Movie at Village Square Leisure Centre

Experience the movies like never before at Village Square Leisure Centre. Come settle in for a night at the movies in the water park. Rent our tubes, bring your own floatation devices or lounge poolside. You'll enjoy a great film and an even better time with friends, family and neighbours. For specific movie titles check out our Facebook page closer to the event date. Regular Admission.

Friday, February 7, 6:00 p.m. – 8:00 p.m.

Village Square Leisure Centre, 2623 56 St. N.E.

Explore Winter at the Reservoir - Free

Come check out our winter activation station! Warm yourself by the fire, rent a pair of snowshoes and explore the area with winter scavenger hunt! Rentals are available for a fee and are on a first-come first-served basis. All Ages + Adult.

Thursday, February 6, 4:00 p.m. - 6:00 p.m.

South Glenmore Park, 8415 24 St. S.W.

Winter Family Festival -Free

Embrace the winter and come out and play with your family. Live DJ, fire pits, snow shoe rentals and much more creative activities will ensure to keep all members of the family outdoors and active this Family Day weekend.

Sunday, February 16, 1:00 p.m. - 3:00 p.m.

South Glenmore Park, 8415 24 St. S.W.



Clown Aroun' - Before & After School Care Program

Rundle Community Center: 2405-50th Rundle NE

The program runs Monday to Friday 6:30AM to 6:00PM including professional school days. Subsidies are available. Register now.

Registration is ongoing. Call: 403 275 4098



Community Membership Application

Family membership is only \$10 per year. Cash ______ Cheque _____ Please make your cheque out to: Rundle Community Association and mail to: 2409 - 50 Street NE Calgary, AB T1Y 1Z5

Last Name	First Name			
Spouse/Family Member Names				
Address	Postal Code			
Phone #	Email			

Consent requested. You request permission to receive emails from the Rundle Community Association

Yes _____ No _____

You may withdraw your consent any time by emailing rundlecommunity@shaw.ca and placing "Please unsubscribe me" in the subject line.

Suggestion Box

We are always open to suggestions and improvements that are helpful, and if you just want to give our staff/management any praise, we're open to that too. Let us know how we are doing! You can contact the Rundle Community Association through email: rundlecommunity@shaw.ca

The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of the Rundle Community Association (RCA) and CentralWeb.

The RCA and CentralWeb do not endorse any person(s) advertising in this newsletter. Visit our website for more information: rundlecommunity.ca

Follow us on Facebook for live updates about the Rundle community.

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